

REVIEW ON SOME CURRENT SKIN ANTISEPTICS

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Abstract

This article will review some current antiseptics used for skin disinfection: povidone iodine (PVP-I), chlorhexidine digluconate (CHG) and octenidine dihydrochloride (OCTD). These antiseptics are used in both healthcare and household products, for different types of applications preoperative skin preparation, surgical hand scrub, skin wound cleanser, skin wound protectant, hand hygiene, oral care and body wash. In the past years more and more concerns have been raised due to increased resistance to antiseptics and antibiotics of pathogens over the years. Some studies support the cross-resistance to antibiotics triggered by antiseptics. Increased resistance and cross-resistance may result from inadequate skin disinfection, over dilution of the antiseptics and environmental residues of antiseptics. More studies are required to assess the mechanisms of resistance and cross-resistance to antiseptics and antibiotics and also the impact of sub-lethal antiseptic concentration on clinical isolates. Usage guidelines of chlorhexidine were proposed recently, but usage guidelines should address all valuable skin antiseptics in order to be used only in cases where there is a clear benefit.

Key words: resistance, cross-resistance, povidone iodine, chlorhexidine digluconate, octenidine dihydrochloride.

INTRODUCTION

Antiseptics are antimicrobial substances that are applied to living tissues or human skin. Both antibiotics and antiseptics use had led to the emergence of new mechanisms of microbial resistance. Over the past years, the problem of nosocomial infections and increased antiseptics and antibiotics resistance and cross-resistance is worrisome in many countries and solutions are seen. This article will review three of the most used antiseptics: povidone iodine, octenidine dihydrochloride and chlorhexidine digluconate.

1. POVIDONE IODINE

Povidone iodine (PVP-I) was discovered in 1952 by Shelanski. PVP-I is a complex of iodine and polyvinylpyrrolidone (povidone). Povidone is a polymer without biocidal activity, but having affinity to cell membranes it delivers the elemental iodine to the target. PVP-I has a better chemical stability and it is less reactive compared to previous elemental iodine formulations, showing increased safety and tolerability on the skin and mucous

membranes. PVP-I also brings better solubility of iodine and a sustained way of releasing free inorganic iodine in solution. The antimicrobial activity is given by the quantity of free iodine released in the solution (Gottardi, 2001; Ripa et al., 2003). PVP-I has broad-spectrum antimicrobial properties and efficacy against biofilms (Bigliardi et al., 2017).

Different concentrations of PVP-I are used. Formulations of 10% PVP-I contain 1% available iodine and yield free iodine concentrations of 1 ppm (Anderson, 1989). 10% PVP-I is used as preoperative skin preparation, catheter site disinfection, wound antiseptics, anogenital antiseptics. 7.5% PVP-I is used as preoperative skin preparation, surgical hand scrub and antiseptic handwash. 5% PVP-I is used for preoperative skin preparation, preoperative ocular antiseptics, wound antiseptics, catheter site disinfection. 0.5% PVP-I is used for mouth/throat antiseptics. 0.5% PVP-I is used for vaginal antiseptics (Ripa et al., 2003; Kıvanç et al., 2016; Firanek et al., 2016; Kieran et al., 2017; Silas et al., 2017). A recent *in vitro* study showed that a single application of PVP-I at concentrations equal and higher

than 2.5% and three applications of 30 seconds of PVP-I at 0.7% concentrations produced a 3- \log_{10} reduction of *Staphylococcus epidermidis* colonies (Silas et al., 2017).

Iodine rapidly penetrates the cell wall of microorganisms and inactivates cells by forming complexes with amino acids and unsaturated fatty acids, resulting in impaired protein synthesis and alteration of cell membranes (WHO, 2009). The antimicrobial effect of PVP-I can be strongly affected by temperature, exposure time, concentration of total available iodine, the amount and type of organic and inorganic compounds (e.g. alcohols and detergents) and rising pH (WHO, 2009; Wiegand et al., 2015).

An exploratory clinical study showed excellent antibacterial efficacy with no detectable microorganisms by the tenth day and rapid reepithelialization of 10% PVP-I ointment (Vogt et al., 2017).

In a recent randomized controlled trial (RCT), 5% PVP-I was significantly more effective in decolonizing *Staphylococcus aureus* at 4 hours post-application compared to saline, PVP-I being associated with only 21% *S. aureus* positive patients compared with 59% for saline (Rezapoor et al., 2017). Another study showed that 5% PVP-I significantly reduced the resident *S. aureus* from the anterior nares of human subjects compared to saline at 1, 6 and 12 h after swabbing application (Anderson et al., 2015). Also 5% PVP-I showed >2.0 \log_{10} CFU reduction in methicillin-resistant *S. aureus* (MRSA) regardless of mupirocin sensitivity in an *in vitro* test (Anderson et al., 2015).

During an *in vitro* evaluation, PVP-I was effective against all 81 *Acinetobacter baumannii* isolates tested, and their logarithmic reduction ≥ 5 were observed in 100% of the isolates in their undiluted form (Lanjri et al., 2017).

In two recent *in vitro* studies, PVP-I was effective against *Candida auris*, when tested according to EN 13624:2013 (Moore et al., 2017) and inhibited *C. auris* isolates at concentrations 0.07%-1.25% (Abdolrasouli et al., 2017).

Studies have shown that PVP-I exhibits antibacterial activity, particularly against the *Pseudomonas* species and *S. aureus* that are

prevalent in biofilms (Kunisada et al., 1997; Drosou et al., 2003).

A PVP-I ointment tested against biofilms of *Pseudomonas aeruginosa*, multi-species biofilms of *Candida albicans* and MRSA, resulted in no viable *P. aeruginosa*/*C. albicans*/MRSA biofilm material recovered after 4 and 24 hours from the treatment (Hoekstra et al., 2016).

Yamasaki et al. (2017) reported at least a 7 \log_{10} reduction in viability of bacteria produced by PVP-I in biofilm studies. A few recent RCTs suggest that CHG based antiseptics are superior to PVP-I. In a large RCT performed on 2349 randomly assigned patients undergoing catheter insertions, compared 2% CHG - 70% IPA (isopropyl alcohol) (1181 patients) with 5% PVP-I - 69% ethanol (EtOH) (1168 patients), demonstrated that CHG-IPA was associated with lower incidence of catheter-related infections compared with PVP-I - EtOH, 0.28 and 1.77 per 1000 catheter-days, respectively; hazard ratio 0.15, 95% CI 0.05-0.41; $p=0.0002$ (Mimoz et al., 2015). In another large RCT involving 1132 randomized (796 included in the analysis set) patients undergoing catheter insertions, Yasuda et al. (2017) compared 0.5% and 1.0% alcohol based CHG with 10% aqueous PVP-I and found that the incidence of catheter colonization was 3.7, 3.9 and 10.5 events per 1000 catheter-days in 0.5% CHG, 1% CHG and PVI groups, respectively ($p=0.03$), confirming that 0.5% and 1.0% alcohol based CHG are superior to 10% aqueous PVP-I for the prevention of intravascular catheter colonization.

In a retrospective cohort study including a total of 4,259 patients undergoing abdominal hysterectomy, 70.5% ($n=3,005$) of the patients were assigned to CHG and 29.5% ($n=1,254$) were assigned to PVP-I. The unadjusted rate of SSI (surgical site infection) was 2.6% (95% CI 2.1-3.3; $n=79$) for CHG and 3.6% (95% CI 2.7-4.8; $n=45$; $P=.09$) for the PVP-I group, but for the matched groups the rate of SSI was 1.5% (95% CI 0.8-2.6; $n=12$) for the CHG-alcohol group and 4.7% (95% CI 3.5-6.4; $n=40$) for the PVP-I group ($P<.001$). This study suggested that CHG based skin antiseptics was associated with overall lower odds of SSI compared with PVP-I (Uppal et al., 2017).

The results of Privitera et al. (2017) meta-analysis confirmed that CHG is superior to PVP-I for both SSI incidence (risk ratio, 0.70; 95% confidence interval, 0.52-0.92) and bacterial skin colonization (risk ratio, 0.45; 95% confidence interval, 0.36-0.55).

WHO (WHO, 2016) strongly recommended the use of an alcohol-based antiseptic solution preferably based on CHG for surgical site preparation on intact skin, based on a meta-analysis of available studies showing alcohol-based CHG is beneficial in reducing SSI rates compared to alcohol-based PVP-I.

In a RCT involving 388 patients undergoing clean or clean contaminated surgeries, 220 patients were treated with 10% PVP-I and 186 patients were treated with 2% CHG – 70% IPA, Bibi et al. (2015) showed lower infection rates in CHG group (7.1% infection rate) compared with PVP-I group (10% infection rate), but it was not statistically significant ($p=0.324$). In this study *P. aeruginosa* (23.5%) was the predominant pathogen associated with SSI followed by *S. aureus* (17.6%) (Bibi et al., 2015).

Kieran et al. (2017), in a RCT involving 304 neonates, found no statistically significant differences ($p=0.631$) in preventing catheter-related blood stream infection between 2% CHG – 70% IPA group and 10% aqueous PVP-I group, but more infants treated with PVP-I had thyroid dysfunction. Ghobrial et al. (2017), in prospective study performed on 6959 spinal surgery patients (0.992% SSI), showed that there is no significant difference ($p = 0.728$) in the incidence of SSI between 7.5% PVP-I group (33 [1.036%] of 3185) and 2% CHG – 70% IPA group (36 [0.954%] of 3774).

Concurrent use of CHG and PVP-I could be an option to concerns regarding development of acquired bacterial resistance. Following a prospective SSI database analysis, Davies and Patel (2016) suggested that the use of both CHG and PVP-I significantly reduced SSI rates compared to CHG or PVP-I alone. In a two arm RCT enrolling 407 patients, the detection of viable bacteria in the samples taken after disinfection was significantly lower ($p = 0.009$) in the group assigned to a sequential application of PVP-I and CHG (59 [29.1%]) compared to the group treated only with PVP-I (85 [41.7%]) (Patrick, 2017).

2. OCTENIDINE DIHYDROCHLORIDE

Octenidine dihydrochloride (OCTD) (N,N'-(1,10-Decandiyl-di-1(4-H)-pyridinyl-4-ylidene) bis(1-octanamine)-dihydrochloride) is a bispyridine antimicrobial compound exhibiting antiseptic activity against a wide range of bacteria (Gram-positive and negative), some fungus and dental plaque agents (Patters et al., 1983; Harke, 1989). OCTD was introduced as a topical antiseptic agent more than 25 years ago and now it is used as an antiseptic in many applications and represents an alternative to older substances such as CHG, PVP-I or triclosan (Hübner et al., 2010). In a pH range 5-9 the bactericidal activity of OCTD is not affected (Wiegand et al., 2015). By present no clinically significant local and systemic side effects were associated with OCTD (Willy et al., 2017).

OCTD at concentrations of 0.1% and lower has bactericidal and fungicidal effect (Harke, 1989). 0.05% OCTD is preferred as a chronic wound preparation and for decolonization of multi drug resistant organisms from wounds a 0.1% OCTD/phenoxylethanol solution is preferred (Kramer et al., 2017). As an antimicrobial wash and coating OCTD at concentrations of 0.01, 0.05 and 0.1 produced $>5 \text{ Log}_{10} \text{ CFU/cm}^2$ reductions of *Listeria monocytogenes*, *Salmonella* spp., and *Escherichia coli* O157:H7, within 2 minutes (Upadhyay et al., 2016).

OCTD demonstrated a significant $>6 \text{ Log}_{10}$ bacterial reduction factor within 30 seconds contact time in the presence of organic load (0.6% albumin), against six MRSA isolates and two methicillin-sensitive *S. aureus* (MSSA) isolates (Conceição et al., 2016). Another recent *in vitro* study, performed according to standard method EN 13727, demonstrated the effectiveness ($>5 \text{ Log}_{10}$ bacterial reduction factor within 1 minute contact time) of OCTD at both concentrations, 0.01% and 0.05%, against all five different tested species: *E. coli*, *Klebsiella pneumoniae*, *Enterobacter cloacae*, *Acinetobacter baumannii* and *P. aeruginosa* (for each species using five clonally unrelated isolates, including a susceptible wild type strain, and four multidrug-resistant Gram-negative isolates) (Alvarez-Marian, 2017).

Kung et al. (2016) showed in a *in vitro* study that OCTD is effective against *Trichomonas*.

vaginalis, the 50% effective concentration (EC₅₀) values ranged from 5.7 to 21.37µg/mL after 5 min, from 6.48 to 10.82µg/mL after 15 min and from 0.68 to 2.11µg/mL after 30 min of treatment, suggesting that OCTD could be a promising treatment of bacterial and fungal vaginal infections.

In a study which included 36 MRSA-positive patients, octenidine achieved complete decontamination of 24 patients (67%) (Danilevicius et al., 2015).

OCTD demonstrated a significant reduction of skin flora from the arm and showed a long-term effect after 24 h, when tested according to Deutschen Gesellschaft für Mikrobiologie und Hygiene standard method 13 (Brill et al., 2015).

Similar results in reduction of MRSA acquisition, after five-day cycles of routine bathing of intensive care patients, between CHG and OCTD were reported (Spencer et al., 2013). A large prospective study performed on MRSA-colonized patients showed that daily OCTD body washes was not associated with either a significant reduction in MRSA transmission, MRSA infections, or MRSA bacteremia (Harris et al., 2015).

OCTD based mouth rinses showed comparable results with CHG based mouth rinses, regarding antibacterial and antiplaque efficacy in the human oral cavity (Welk et al., 2016; Decker et al., 2017).

In clinical study involving patients undergoing elective isolated coronary artery bypass graft, Reiser et al. (2017) showed that there was no significant difference (p=0.39) in SSI between the control group (15.4% SSI rate) and the group treated with OCTD (13.3%), which consisted in OCTD ointment three times daily and showering the night before and on the day of the surgery with OCTD soap.

OCTD proved *in vitro* antibiofilm activity against *S. aureus* and *E. coli*, but not on *Candida tropicalis* (Slobodnikova et al., 2014).

In an *in vitro* study, Narayanan et al. (2016) showed that 0.3%, 0.6% and 0.9% concentrations of OCTD were effective in significantly (p<0.05) inactivating *A. baumannii* isolates, either multidrug resistant or drug susceptible isolate, when tested on different surfaces (polystyrene, stainless steel and catheters).

Amalaradjou et al. (2009) showed that OCTD can be effective in preventing the establishment of *Listeria monocytogenes* biofilms and also to eliminate the preformed biofilms.

OCTD (94 ± 1% reduction rate) and CHG (91 ± 1% reduction rate) demonstrated good efficacy in disinfection of MRSA-biofilms (Gunther et al., 2017). Another *in vitro* study showed that 0.1% OCTD is effective against the following biofilm forming micrororganisms: *Enterococcus faecalis*, *S. aureus*, *Candida albicans*, within 30 seconds exposure (Ghivari et al., 2017).

OCTD was the most effective when compared, at minimal effective concentration, with CHG and PVP-I, according to standard test method EN 1040 and 1275 against *S. aureus*, *P. aeruginosa* and *C. albicans* (Koburger et al., 2010).

According to Brill et al. (2015) CHG and OCTD showed comparable efficacy in reducing the resident skin from the arm.

Cherian et al. (2016) showed the 0.1% OCTD was more effective than 2% CHG against *E. faecalis*.

3. CHLORHEXIDINE DIGLUCONATE

Chlorhexidine digluconate (CHG) was first synthesized in the 1950s in United Kingdom and introduced into the USA in the 1970s (Davies et al., 1954; Denton, 2001). CHG is probably one of the most widely used skin antiseptic, due to its broad-spectrum efficacy and low skin irritation. CHG is a cationic bisguanide, water-soluble is generally compatible with other cationic molecules, such as quaternary ammonium compounds. CHG is used as skin antiseptic prior to surgical, catheter insertion or other clinical procedures, in dressings, in healthcare personnel hand wash, in patients bathing (Davies et al., 1954, Paulson, 2003; Denton, 2001; McDonnell and Russell, 1999; Vali et al., 2017).

The antimicrobial activity of CHG is reduced in the presence of anionic detergents (sodium lauryl sulfate) found in natural soaps and mouth rinsing products, various inorganic anions, non-ionic surfactants, and hand creams containing anionic emulsifying agents; CHG forms salts of low solubility with anions (Paulson, 2003; Denton, 2001; Barkvoll et al., 1989; Larson, 1995; Walsh et al., 1987).

Aqueous and alcohol based CHG preparations are available in different concentrations ranging between 0.4% to 4% (WHO, 2009; Vali et al., 2017).

The CHG mechanism of action is known to be related to the binding to negatively charged bacterial and attachment to cytoplasmic membranes and subsequent disruption of these membranes resulting in precipitation of cellular contents, thus affecting the osmotic equilibrium of the cell (Rotter, 1999; Larson, 1995; Vali et al., 2017).

Antimicrobial activity of CHG is influenced by pH, but in a pH range 5-9 the bactericidal activity of CHG is optimal, however pH influence varies with each microorganism (Paulson, 2003; Wiegand et al., 2015).

Double application of CHG (first application: standard hand rub and rinse of the 4% CHG; second application: aqueous solution of 5% CHG applied with no further rinsing of the hands) under the conditions of EN 12791 test method, was superior to single CHG application ($p < 0.01$) and n-propanol ($p < 0.05$) and surpassed EN12791 (Herruzo and Vizcaino, 2017).

In recent *in vitro* studies, CHG was effective against MRSA obtained from Canary black pigs (Espigares et al., 2017), and also against *Acinetobacter* spp. including international clone II at a concentration of 1000mg/L and exposure time for at least 30s (Hayashi et al., 2017).

Hennig et al. (2017) demonstrated in a study performed according to EN 12791 (2016) that alcohol based CHG formulation (mean log reduction factors of 1.42 ± 0.79 and 1.24 ± 0.90 immediately and after 6 h) achieved significantly lower ($p \leq 0.025$ immediately after application and $p \leq 0.01$ after 6 h) mean log reduction factors compared with alcohol-only formulation (mean log reduction factors of 1.96 ± 1.06 immediately after application and 1.67 ± 0.71 after 6 h) in either immediately or after 6 h.

Previous studies reported no impact of CHG bathing on healthcare associated infections (HAI) (Climo et al., 2013; Bass et al., 2013), while others claim to reduce the HAIs (Climo et al., 2009; Vernon et al., 2006).

Recent studies conducted over long period of time claim that CHG bath reduces most of the

HAIs. In quasi-experimental interventional, 9years study, Mendez et al. (2016) showed that CHG bathing significantly reduced the vancomycin-resistant *Enterococcus* (VRE) colonization and infection rates ($p=0.001$), but not for multidrug-resistant (MDR) Gram-negative pathogens. Another recent prospective study conducted in 4 medical units from Canada for over 7 months, confirmed that daily bathing with CHG significantly decreased the hospital-associated infections with VRE by 36% (23.2 vs. 36.0 cases *per* 10,000 patients, $p=0.03$) and also with MRSA by 55% (5.1 vs. 11.4 cases *per* 10,000 patients, $p=0.04$) compared with control cohorts which were assigned to non-medicated soap and water bathing (Lowe et al., 2017), although skin CHG concentrations were lower when rinsing with water after CHG solution bath compared with CHG solution without rinsing (Alserehi et al., 2017). During an over 18 months study performed in a hospital from Mexico, which included 158 isolates, 2% CHG bath was associated with a reduction in antibiotic resistance and favored the reduction of MRSA isolates and a temporary reduction of ST5-MRSA-II (New York/Japan) clone (Velázquez-Meza et al., 2017). Also, in a prospective, quasi-experimental, single-center study, performed on 237 patients, 4% CHG bath significantly reduced the percentage of contaminated blood cultures in treated group (6.3%) compared with daily cleaning with common soap (15.0%) (Garrido-Benedicto, 2017).

In an *in vitro* study, Wang and Ren (2017) reported significant log reductions of biofilm cells of *S. mutans* and *S. aureus* achieved by CHG combined with low-level direct current.

4. RESISTANCE AND CROSS-RESISTANCE

Resistance has been defined as the temporary or permanent ability of an organism and its progeny to remain viable and/or multiply under conditions that would destroy or inhibit other members of the strain (Cloete, 2003; Oancea and Stoia, 2010). Antiseptic-resistance gene expression can be induced by exposure to subinhibitory concentrations of antiseptics (Smith et al., 2008).

Among mechanisms of resistance that have been reported we can mention: efflux pumps (Paulsen et al., 1996; Levy, 2002; DeMarco et al., 2007; Jaglic et al., 2012), inactivation of the active ingredient (Kaulfers, 1995), changes in the cell wall structure (Kaulfers, 1995), changes in membrane fluidity (Gadea et al., 2017).

The most frequent antiseptic antiseptic-resistance genes are listed in Table 1 along with the corresponding primers.

The *qacA/B* is found in the chromosome and on plasmids of *S. aureus* (Liu et al., 2009; Reich et al., 2016). *qacA* and *qacB* are part of the largest known protein family of secondary transporter systems called "Major Facilitator Superfamily" (Wassenaar et al., 2015). The *qacA* gene confers resistance to ethidium bromide and CHG (Mayer et al., 2001; Shamsudin et al., 2012; Reich et al., 2016). The *qacB* gene confers resistance to monovalent organic cations and some bivalent compounds (Mayer et al., 2001; Shamsudin et al., 2012; Opacic, 2010).

The *smr* gene is part of the "Small Multidrug Resistance" protein family and it is identical with *qacC* gene. The *smr* gene is regarded as an antiseptic resistance gene (Grinius et al., 1992; Mayer et al., 2001; Shamsudin et al., 2012; Vali et al., 2017; Liu et al., 2015; Shi et al., 2015).

The *qacE* and *qacΔE1* (functional deletion variant of *qacE*) genes can be found in Gram-negative species and they are corelated with reduced susceptibility to CHG and other biocides (Wassenaar et al., 2015; Guo et al., 2015).

Efflux genes and specific antibiotic resistance genes are located together on mobile genetic elements and antiseptic-resistance and cross-resistance to antibiotics may be aquired together (Yamamoto et al., 1988; Wales and Davies, 2015). Resistance to several antibiotics in association with *qac* genes has been reported in different clinical isolates (Zhang et al., 2011; Babaei et al., 2015).

Gomaa et al. (2017) reported a significant correlation between the presence of *qac* genes and MBL-encoding *bla_{VIM}* (Verona integron-encoded metallo-β-lactamases) (p=0.0064; coexistence detected in 68.1% of the isolates) and *bla_{NDM-1}* (New-Delhi-metallo-β-lactamase) (p=0.0467; coexistence detected in 68.1% of the isolates) genes and a significant correlation between *qac* genes carriage and increased MICs of CHG (p = 0.0096).

Until now, no development of resistance to PVP-I or OCTD has been reported (Al-Doori et al., 2007; Willy et al., 2017; Bigliardi et al., 2017).

On the other hand, many studies reported resistance and cross-resistance to CHG. Gomaa et al. (2017) reported higher MIC of CHG than the concentrations recommended for disinfection in 54.5% of all metallo-β-lactamase producing *Acinetobacter baumannii* clinical isolates. Wu et al. (2016) reported cross-resistance of 14 clinical isolates of *S. aureus* to at least one antibiotic following exposure to CHG at sublethal doses for up to 14 days, suggesting that antibiotics and antiseptics could have similar antimicrobial mechanisms.

Table 1: Antiseptic-resistance genes

Gene name	Primer	Sequence	Reference
<i>qacA/B</i>	<i>qacAB</i> -Forward <i>qacAB</i> -Reverse	GCAGAAAGTGCAGAGTTTCG CCAGTCCAATCATGCCTG	Noguchi et al., 2005
<i>qacE</i>	<i>qacE</i> -Forward <i>qacE</i> -Reverse	ATGAAAGGCTGGCTT TCACCATGGCGTCGG	Kucken et al., 2000; Mahzounieh et al., 2014
<i>qacΔE1</i>	<i>qacΔE1</i> -Forward <i>qacΔE1</i> -Reverse	TAGCGAGGGCTTTACTAAGC ATTCGAAATGCCGAACACCG	Wang et al., 2007 Mahzounieh et al., 2014
<i>smr</i>	<i>smr</i> -Forward <i>smr</i> -Reverse	GCCATAAGTACTGAAGTTATTGGA GACTACGGTTGTTAAGACTAAACCT	Noguchi et al., 2005
<i>cepA</i>	<i>cepA</i> - Forward <i>cepA</i> -Reverse	CAACTCCTTCGCCTATCCCG TCAGGTCAGACCAAACGGCG	Fang et al., 2002

The main mechanisms of reduced susceptibility to CHG are CHG efflux and changes in outer membrane content (Wand et al., 2016; Hassan et al., 2013; Costa et al., 2013; Rajamohan et al., 2010; Russell, 2002; Tattawasart et al., 2000). The use of efflux pump inhibitors together with CHG may be an option for preventing the efflux of the CHG from *P. aeruginosa* resulting in an increased efficacy of CHG (Mombeshora et al., 2017). Bhardwaj et al. (2017) identified adaptive changes in genes with predicted or experimentally confirmed roles in CHG susceptibility (efrE), global nutritional stress response (relA), nucleotide metabolism (cmk), phosphate acquisition (phoU), and glycolipid biosynthesis (bgsB). Also Bhardwaj identified a link between serial sub-inhibitory CHG exposure and reduced daptomycin susceptibility.

Guzmán Prieto et al. (2017) concluded that increased CHG resistance may have been selected by microorganisms exposure to antiseptics.

CONCLUSIONS

Povidone iodine remains an effective antiseptic due to its antimicrobial properties and lack of resistance.

Octenidine dihydrochloride is a relatively recent antiseptic, compared with povidone iodine and chlorhexidine digluconate, but with promising antimicrobial results and with no resistance reported until now.

Chlorhexidine digluconate is a valuable antiseptic, but it should be used as a targeted antiseptic in applications where there are proven benefits in order to avoid new bacterial resistance cases.

There is clinical evidence that chlorhexidine digluconate based antiseptics are superior to povidone iodine based antiseptics.

New antiseptic treatments such as successive multiple-antiseptics application (chlorhexidine digluconate and povidone iodine) or antiseptic application along with low level direct current could help in fighting against resistant organisms and biofilm-producing organisms.

There is an increased reduced susceptibility to both antibiotics and antiseptics. Reduced susceptibility to some antiseptics and the potential for cross resistance to some

antibiotics highlights the need to restrict the use of antiseptics. Hand hygiene could have a good impact in reduction and transmission of resistant organisms.

Antimicrobial effectiveness of antiseptics should be assessed periodically to overcome dissemination of resistant organisms.

The effect of prolonged exposures at low level concentrations of antiseptics on clinical pathogens should be assessed. Standardized methods could be developed to test and to oversee if antiseptics can trigger resistance and cross-resistance, in order to comply with the UE and USA regulations regarding the biocides marketing.

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